

Important race information of the 42nd LBS-Nikolauslauf Tübingen on December 3rd 2017

(Short english version)

- **Organizer: Post-SV Tübingen e.V.** / Organising committee LBS-Nikolauslauf Tübingen / Responsible: Gerold Knisel
- **Registration**
 - Possible from September 19th 2017: Online
 - A list with all participants will be published online - each participant will also get an email as a confirmation of registration.
- **Start & finish**
 - Start: December 3rd, 10.00 am, Waldhäuser Straße 118, 72076 Tübingen (200 meters from the EXPO/registration. You can find all locations [here](#) on a map. The race will take place in any weather conditions.
- **Running EXPO**
 - You can purchase the official LBS-Nikolauslauf collection and other running equipment at the different merchandising booths in the sports hall/gym. Sporting goods manufacturers, sport department stores and various suppliers present themselves and other goods for running and -fitness. Besides, marathon organisers from Germany and Europe inform about their events.
- **Closing date for registration**
 - 12th November 2017 or when the maximum number of participants is reached.
- **Participation fee**
 - 25,00 €. There will be no refund if you cannot start.
- **Late registration**
 - Is not possible on race day.
- **How to get there**
 - Please check out [this page](#) for further information about how to reach us.
- **Parking**

The parking lots are limited. Please park your car in the residential area close to the start or use public transportation (more information here). With your notifying confirmation you can use public transportation in the Naldo-area for free.

- **Race office / changing rooms / shower**
 - At the gym of the Geschwister-Scholl-school (Berliner Ring 33, 72076 Tübingen). With your start number you can take a shower at the indoor swimming pool (Hallenbad Nord) for free.
- **Starting documents**
 - You can pick up your starting documents on December 2nd 2017 from 13.00 pm until 17.00 pm or on December 3rd from 7.30 am at the gym of the Geschwister- Scholl-school.
- **Timekeeping and start**
 - Your start number includes the timing-system.
 - We start in three start-groups with a 3 mins distance to avoid jams on the track. The start-numbers have different colors. The groups are divided using the time you specified during registration.
 - Starting group 1: white start numbers
 - Starting group 2: blue start numbers
 - Starting group 3: yellow start numbers
 - The time will be recorded automatically at the starting line.
 - The finish will be closed after 2:30 hours, Your time will not be recorded if you reach the finish later.
- **Race track**
 - The LBS-Nikolauslauf is a precisely measured half-marathon run (21,0975 kilometers). Also it is an officially approved road run.
 - You run through the Schönbuch nature-parc on fine gravelled forest paths, 8,5 km of the track is paved. The maximum height difference is 82 meters. Check out the race track plan and the height-profile [here](#).
- **Our services**
 - DEE functional running shirt - for each runner
 - LBS-Nikolauslauf surprise
 - Exchange-possibility for your start place, if you can't start
 - Running-fair at the gym of the Geschwister-Scholl-school
 - Free use of public transportation in the Naldo-area with your start number-
 - Free use of the indoor swimming pool (Hallenbad Nord)
 - Massage service
 - free print of certificates for every participant in the gym after the race
 - online-results with 10km split.
 - Photo-service (sportonline-foto.de)
 - Every participant of 2016 will also get race informations in 2017 (only in german)
 - medical service and consulting
 - Newsletter-service with actual informations (in german)
 - about 200 friendly helpers of the Nikolauslauf event-crew!

- **Storing of valuables**
 - You can store valuables for free at the information-point in the gym.
- **High quality running-clothes**
 - optionally you can buy DEE running-clothes with our Nikolauslauf-branding. More informations coming soon.
- **Responsibility**
 - The organizer won't be liable for personal damage or material damage. Please read the informations at the registration.
- **Award ceremony**
 - After the race at 13.00 pm at the entrance hall of the Geschwister-Scholl-school.
- **Awards**
 - The first 8 runners (male/female) will be honored at the ceremony.
 - 1st, 2nd and 3rd place: medals in gold, silver and bronze & valuable material prizes.
- **Classes**
 - individual competition
 - male / female scoring
 - youth: year of birth 1998 to 2001, minimum age is 16.
- **Team rating**
 - the 5 best male runners of a team
 - the 3 best female runners of a team
- **Race records**
 - Men: 1:07:15 hours / Dieter Baumann (LAV Asics Tübingen), 2005
 - Woman: 1:20:01 hours / Sabrina Mockenhaupt (LG Sieg), 2016
- **Test race**
 - We organise a **test-run** on November 12th 2017 at 10.00 am. The run will take place on the original race track. Start is at the sports center of SSC Tübingen (Address: Waldhäuser Straße / Rittweg). This is a private event, every participant takes part at his own risk.
- **Church service**
 - Sunday, December 3rd 2017 9.00 am, Dietrich-Bonhoeffer-Church
- **Notes**
 - Your registration data will be stored.
 - No Babyjogger allowed.